

Terrain Rider - DO please...

- Cancel the hire if you or anyone close to you have developed symptoms of Covid 19 and sanitise your hands before use (hand sanitiser provided)
- Check the weather forecast beforehand and wear appropriate clothing. The hire will be cancelled if the forecast is too bad e.g. high winds, storms. If the weather turns nasty, please return straight away by the shortest route on your map.
- Take some water, food, any spare clothing and a charged mobile phone with you.
- You must have someone/people with you for the whole journey. They should be a responsible adult over 18.
- You must complete an induction session and sign the required forms. You will be able to practice on a safe, flat area before going out so you feel confident. If you have any concerns or queries, please ask at induction.
- You must advise us at induction, of any medical conditions that may affect the journey and take any medicine you might need with you eg asthma pump, EpiPen, tablets
- You MUST be able to use the brakes and brake adequately throughout the journey to prevent rolling forward /backwards on any slope. If your hands tire easily, please advise us at induction and stick to the green (flatter) route.
- You will be supplied with a bicycle helmet and, as with normal bicycles, you are advised to wear it for your own safety whilst using the Terrain Rider
- The emergency contact number for the Visitor Centre is 01874 623366.
- Please familiarise yourself with the map before you set off so you know where you can and can't go- this will be part of the induction.
- Travel ONLY on the grassy paths along the routes marked on the map and respect the no entry areas and any seasonal restrictions. These are to make it easier for you, the vehicle and for your health and safety. It is also essential to protect the environment, heritage and wildlife such as ground nesting birds eg skylarks and golden plover.
- The vehicle is NOT licensed for road use, so please keep to the grassy paths as marked on the map. Take great care if you need to cross a road- although there are not many vehicles, they can travel at high speed and there are hidden dips. There is a risk of serious injury or death if you do not keep to the routes or use the road/cross in an unsafe manner.
- Please drive slowly near sheep and other livestock, walkers, other users of Mynydd Illtyd and any dogs
- Please return by the stated time.
- Do have a good time!